



At Home Devotion Guide

We encourage everyone to use this guide in your home this week and to adapt it to your specific household situation. This guide can be used in one sitting or can be broken up and used throughout the week.

Sermon Reflection

Read passage from sermon: 1 Corinthians 11:23-32

For young children: Jesus commanded his followers to take the Lord's Supper. This is a serious matter that should not be taken lightly. The Lord's Supper shows the unity that Christians have with Jesus and the unity that they have with each other.

For older children and adults: The Lord's Supper expresses our unity with Christ and our unity with one another. Christians should examine themselves before taking the Lord's Supper and be sure that they are in good standing with other members of their local church. Also, the time before the Lord's Supper is a good time to confess your sins and thank God for Christ's work on the cross.

Question: How has God used the Lord's Supper to speak to you personally?

Pray: Thank God that you have been united with Christ and that you have been united with other followers of Jesus.

Weekly Catechism Questions

For Children: What is the Lord's Supper? *The church eats bread and drinks the cup to remember the death of Christ on the Cross.* (Matthew 26:26-29; Mark 14:22-25; Luke 22:19-20; 1 Corinthians 11:23-26).

For older children and Adults: What is the Lord's Supper? *Christ commanded all Christians to eat bread and to drink from the cup in thankful remembrance of him and his death. The Lord's Supper is a celebration of the presence of God in our midst; bringing us into communion with God and with one another; feeding and nourishing our souls. It also anticipates the day when we will eat and drink with Christ in his Father's kingdom.*

(*The New City Catechism: Q46*,
http://www.newcitycatechism.com/New_City_Catechism.pdf)

Suggested Hymn: #11, *All Creatures of Our God and King*

How to Use This Guide

At Bethany we recognize that worship is not just something that happens on Sunday morning. Though corporate worship is important, it is also important that we are striving to worship God in our homes on a regular basis. According to Donald Whitney, "God deserves to be worshiped daily in our homes by our families." This guide will help you to lead worship in your home.

Scripture- Begin by reading the passage from the sermon. Based on the ages of those involved, briefly discuss the meaning of the passage and how it applies to your lives.

Catechism- This is a great way to learn what the whole Bible teaches about a particular topic. Read the question, then read the answer. If possible, try to put the answer in your own words.

Prayer- Pray that God would help you obey and understand the truth that you just discussed.

Sing- If someone is able to lead in song, then take some time to sing to the Lord. The guide will provide a suggested hymn from *The Baptist Hymnal, 2008*.

Feel free to adapt this guide to your particular household situation. This is not meant to be a heavy burden. It is an aid in helping members of your household to grow in Christ.

Families with young children- Don't feel like your devotions have to be long and tedious. Start with short amounts of time, then get longer as the children get older.

Families with older children- Also, don't feel like your devotions have to be long and tedious. Avoid 'preaching' to your family. Instead, let the word of God speak for itself.

Couples without children- This guide is for you as well! Household devotions will help you go deeper in your study of God's word and grow together in Christ.

Singles who live alone- Utilize this guide as part of your regular devotion time.

Begin today! This discipline will help you and other members of your household grow in their walk with Christ. It will also aid you in passing on the faith to the next generation.